

Lifestyle Questionnaire

Patient Name: _____ Date of Visit: _____
Occupation: _____

This questionnaire is designed to assist your eyecare professional in helping you select the perfect lenses, frame and/or contacts to suit your visual needs and lifestyle. Please take a few moments to answer the following questions:

1: Which of the following visual demands do you encounter on a regular basis?
(Check all that apply)

- | | | |
|--|---|--|
| <input type="checkbox"/> Artificial Lighting | <input type="checkbox"/> Computer Work | <input type="checkbox"/> Potential Eye Hazards |
| <input type="checkbox"/> Board Work | <input type="checkbox"/> Natural Lighting | <input type="checkbox"/> Reading |
| <input type="checkbox"/> Close Up Work | <input type="checkbox"/> Paperwork | <input type="checkbox"/> Other |

2: Which of the following hobbies or activities do you participate in? (Check all that apply)

- | | | |
|---|--|---|
| <input type="checkbox"/> Auto Repair | <input type="checkbox"/> Fishing | <input type="checkbox"/> Reading |
| <input type="checkbox"/> Biking | <input type="checkbox"/> Golf | <input type="checkbox"/> Sewing/Arts/Crafts |
| <input type="checkbox"/> Boating, Aquatics | <input type="checkbox"/> Home Repairs | <input type="checkbox"/> Snow Sports |
| <input type="checkbox"/> Bookkeeping | <input type="checkbox"/> Hunting/Shooting | <input type="checkbox"/> Spectator Sports |
| <input type="checkbox"/> Bowling | <input type="checkbox"/> Jogging/Running | <input type="checkbox"/> Tennis |
| <input type="checkbox"/> Competitive Sports | <input type="checkbox"/> Landscaping/Gardening | <input type="checkbox"/> Watching T.V |
| <input type="checkbox"/> Computer | <input type="checkbox"/> Musical Instrument | <input type="checkbox"/> Welding |
| <input type="checkbox"/> Drawing | <input type="checkbox"/> Painting | <input type="checkbox"/> Woodwork |
| <input type="checkbox"/> Driving | <input type="checkbox"/> Pilot | <input type="checkbox"/> Other: |
| <input type="checkbox"/> Exercise | <input type="checkbox"/> Racquetball | |

3: Do your eyes seem bothered by glare from any of the following situations?:

- | | | |
|---|--|---|
| <input type="checkbox"/> Car Headlights | <input type="checkbox"/> Haze | <input type="checkbox"/> Traffic Lights |
| <input type="checkbox"/> Computer Monitor | <input type="checkbox"/> Night Driving | <input type="checkbox"/> Other: |
| <input type="checkbox"/> Fluorescent Lights | <input type="checkbox"/> Sunshine | |

4: If you wear contacts, do you have: (Check all that apply)

- Current pair of prescription glasses
- Sunglasses (purchased at a boutique, department/optical store)
- Other:

5: Do you have any metal or silicone allergies?

Yes

No

6: What do you like about your current glasses or contacts (color, style, fit, etc.)?

7: What don't you like about your current glasses or contacts? (*weight, thickness, glare, etc.*)?

8: Reason(s) for today's visit:

9: Questions for Dr. Barnes:
